



~ Ambulatory Care Center ~
Same Day Surgery ~ Admit Day of Surgery

Thank you for choosing our Medical Center for your surgery. We welcome you and look forward to serving your needs throughout your surgical process.

To make your surgical process easy we have put together this pre-admission packet. It contains:

- WELCOME LETTER** from SDS/PACU/ENDO Nurse Manager – the blue paper:
- Pre-Admission Testing Instruction Checklist** ~ the blue paper
- Forms to complete** ~ the white papers:
 - The Medical/Surgical History Form
 - The Medication Information Record
 - The Latex Allergy Questionnaire
- Surgery Instruction Checklist** ~ the green paper
- Fasting Facts** (when to stop eating and drinking) ~ the pink paper
- Aspirin – Blood Thinners – Warning** ~ the salmon paper

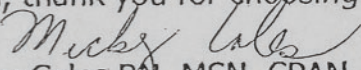
The Pre-admission Testing Instruction checklist, Surgery Instruction Checklist and Fasting Facts **must** be followed exactly to have your testing or surgery. So please read them with care and contact our department if you have any questions ~ the phone number is noted below.

The enclosed forms **MUST** be filled out before your scheduled pre-admission testing. When you come for pre-admission testing bring the filled out forms with you. The filled out forms will save you time on the testing day.

If your doctor does not order pre-admission testing, bring the filled out forms with you on the day of surgery. Again, this will save you time and avoid delay of your surgery.

The Nursing Team at the Ambulatory Care Center at Brick wants to help make your surgical day a positive experience. If there is any way that we may assist you or if you have questions about the packet's content, please feel free to call us at 732-836-4378, Monday through Friday between the hours of 8:00am and 4:00pm. The person who answers the phone will direct your call to the proper person.

Again, thank you for choosing our Medical Center!


Mickey Coles RN, MSN, CPAN, CAPA
SDS/PACU/ENDO Nurse Manager

Pre-Admission Testing Instruction Checklist

Date and Time Testing is Scheduled for _____



What to do before Testing

- If the "Physicians' Orders" paper from your doctor has a check mark in the box beside 2 hour fast -or- 12 hour fast you must not eat or drink for those number of hours before your testing time. Follow the **Fasting Facts** for what medicine you should or should not take ~ this is very important to follow in order for us to do the testing!



What to bring

- Bring the completed forms (the white papers) from this packet and the order sheet given to you at your doctor's office – this packet will help you keep them all together
- Insurance Cards



Where to park

- You may park in our 3 level Free Parking Garage For Patients & Visitors or use our Free Valet Parking located on Jack Martin Blvd.

Main Entrance opened from **7 AM to 5 PM** Mon-Fri.



When to arrive

- We suggest that you arrive 15 minutes before your scheduled time to check-in at the Central Registration Desk located off the Ambulatory Care Center lobby



How much time to allow for Testing

- We suggest that you allow 2 hours for complete testing ~ this is if your doctor checked off a number of the tests on the "Physician Order" form